



Do you want to further help patients with MS and MND in the future?

Then take part in phase 4 of TONiC!

We are now rolling out phase 4 for MS and MND to our sites nationwide this is open to participants!

Phase 4 is a very important part of TONiC as research has shown that neurological conditions change over time. We therefore want to capture how your condition changes over a period of 5 years.

Who is eligible for phase 4?

If you have very kindly taken the time to complete and return the phase 3 questionnaire and have been diagnosed with either MS or MND within the last year then you are eligible for phase 4.

What does my participation in phase 4 involve?

It is completely voluntary but the data from this phase charts the progress of your condition over 5 years.

For MND patients

If you do agree to take part in phase 4, you will first be requested to sign a consent form. After this, you will be asked to complete a questionnaire pack similar to the phase 3 pack. The questionnaire requires answering multiple-choice questions. You will receive six further questionnaire packs to complete, at months 4, 9, 14, 18, 27 and 60 months after completing the initial pack.

For MS patients

If you do agree to take part in phase 4, you will first be requested to sign a consent form. After this, you will be asked to complete a questionnaire pack similar to the phase 3 pack. The questionnaires require answering multiple-choice questions. You will receive four further questionnaire packs to complete, at months, 9, 18, 27 and 60 months after completing the initial pack.

Benefits of taking part?

Along with charting the progress of your condition over a 5 year period, you will be by contributing to the largest Quality of life study regarding neurological conditions in the world! Your opinions of how your condition changes will have a significant impact on how patients with these neurological conditions will be treated in the future.

How can I take part?

If you have taken part in phase 3 at your local hospital you can contact them to take part in phase 4 (please refer to the TONiC map to find your local hospital). If you have contacted the TONiC team directly and self-referred then please contact us again tonic@thewaltoncentre.nhs.uk to take part in phase 4.

Without the valuable opinions and support of our participants who complete the phase 4 questionnaire nationwide we cannot follow the path of how MS or MND changes over time and create new paths of care to improve quality of life and help expand services for future participants.